

# ERIN KRAMER HOLMES, PH.D.

## CURRICULUM VITAE

Assistant Professor

School of Family Life, Brigham Young University

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Updated September 2014

## EDUCATION

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- 2006 **The University of Texas at Austin, Ph.D.**  
Human Development and Family Sciences  
Dissertation Title: *Predictors of Observed Father-Child Dyadic Positive Engagement*  
Advisors: Ted L. Huston and Aletha C. Huston
- 2001 **University of Delaware, M. S.**  
Individual and Family Studies  
Thesis Title: *“When Mom’s Happy, Everybody’s Happy:” Fathers’ Perceptions of Mothers’ Influences on Fatherhood*  
Advisor: Rob Palkovitz
- 1998 **Brigham Young University, B. S., Magna cum Laude, University Honors Distinction with Thesis**  
Family Sciences  
Thesis Title: *Uniting Men’s Work as Husbands and Fathers: Another Look at the Theory of Generative Care*  
Advisor: Alan J. Hawkins

## ACADEMIC AND PROFESSIONAL EXPERIENCE

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- 2007-Present **Assistant Professor**  
School of Family Life, Brigham Young University
- 2006-2007 **Visiting Professor**  
School of Family Life, Brigham Young University
- 2002-2006 **Research Assistant, NICHD Study of Early Child Care and Youth Development**  
Dr. Aletha C. Huston, The University of Texas at Austin
- 2001-2006 **Research Assistant, Processes of Adaptation in Intimate Relationships Project**  
Dr. Ted Huston, The University of Texas at Austin

## SCHOLARLY PUBLICATIONS

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\* Denotes author is a student or was a student during publication

### PEER-REVIEWED ARTICLES

**Holmes, E. K.**, Sasaki, T., and Hazen, N. L. (2013). Smooth versus rocky transitions to parenthood: Family systems in developmental context. *Family Relations*, 62, 824-837. DOI:[10.1111/fare.12041](https://doi.org/10.1111/fare.12041)

\*Fackrell, T., \*Galovan, A. M., Hill, E.J., and **Holmes, E.K.** (2013). Work-family interface for married women: A Singapore and United States cross-cultural comparison. *Asia Pacific Journal of Human Resources*. DOI:[10.1111/j.1744-7941.2013.00065.x](https://doi.org/10.1111/j.1744-7941.2013.00065.x)

\*Galovan, A. M., **Holmes, E. K.**, Schramm, D. G., and Lee, T. R. (2013). Father involvement and family work: Influences on husbands' and wives' marital quality. *Journal of Family Issues*. DOI: [10.1177/0192513X13479948](https://doi.org/10.1177/0192513X13479948)

**Note: Galovan and Holmes contributed equally to this manuscript.**

**Holmes, E. K.**, \*Dunn, K. C., Harper, J. M., Dyer, W. J., and Day, R. D. (2013). Mother knows best? Inhibitory maternal gatekeeping, psychological control, and the mother-adolescent relationship. *Journal of Adolescence*, 36, 91-101.

Brotherson, S., **Holmes, E. K.**, and Bouwhuis, C. J. (2012). Impacts of a parenting newsletter on fathers of kindergarten children. *Fathering: A Journal of Research, Theory, and Practice about Men as Fathers: Special Issue on Community Father Involvement Programs*, 10(1), 31-46.

**Note: Brotherson and Holmes contributed equally to this manuscript.**

**Holmes, E. K.**, Brotherson, S. E., and Roy, K. (2012). Community-based programs for serving fathers. *Fathering: A Journal of Research, Theory, and Practice about Men as Fathers: Special Issue on Community Father Involvement Programs*, 10(1), 3-5.

**Holmes, E. K.**, Erickson, J. J., and Hill, E. J. (2012). Doing what she thinks is best: Maternal psychological wellbeing and attaining desired work situations. *Human Relations*, 65(4), 501-522. <http://hum.sagepub.com/content/early/2012/01/19/0018726711431351>  
DOI: [10.1177/0018726711431351](https://doi.org/10.1177/0018726711431351)

**Note: This article was a finalist for the Rosabeth Moss Kanter Award for Excellence in Work-Family Research.**

\*McAllister, S., \*Thornock, C., \*Hammond, J., **Holmes, E.K.** and Hill, E. J. (2012). The influence of couple emotional intimacy on job perceptions and work-family conflict. *Family and Consumer Sciences Research Journal*, 40(4), 330-

347.

\*McDaniel, B. T., Coyne, S. M., and **Holmes, E.K.** (2012). New mothers and media use: Associations between blogging, social networking, and maternal wellbeing. *Maternal and Child Health Journal*, 16(7), 1509-1517.

White, J. M., Brotherson, S. E., \*Galovan, A. M., **Holmes, E. K.**, and Kampmann, J. A. (2011). The Dakota Father Friendly Assessment: Measuring father friendliness in Head Start and similar settings. *Fathering: A Journal of Research, Theory, and Practice About Men As Fathers*, 9(2).

**Holmes, E. K.**, \*Galovan, A. M., \*Yoshida, K., and Hawkins, A. J. (2010). Meta-analysis of the effectiveness of resident fathering programs: Are family life educators interested in fathers? *Family Relations*, 59(3), 240-252. DOI:[10.1111/j.1741-3729.2010.00599.x](https://doi.org/10.1111/j.1741-3729.2010.00599.x)

**Note: This article was a finalist for the National Council on Family Relations Best Article on Men in Families by a New Professional Award.**

**Holmes, E. K.**, and Huston, A. C. (2010). Understanding positive father-child interaction: Children's, fathers', and mothers' contributions. *Fathering: A Journal of Research, Theory, and Practice About Men As Fathers*, 8(2), 203-225. DOI: [10.3149/fth.0802.203](https://doi.org/10.3149/fth.0802.203)

**Note: This article won the National Council on Family Relations Best Article on Men in Families by a New Professional Award.**

Hill, E. J., Erickson, J. J., **Holmes, E. K.**, and Ferris, M. (2010). Workplace flexibility, work hours, and work-life conflict: Finding an extra day or two. *Journal of Family Psychology*, 24(3), 349-358. DOI: [10.1037/a0019282](https://doi.org/10.1037/a0019282)

**Holmes, E. K.**, Jones-Sanpei, H., and Day, R. D. (2009). Adolescent outcome measures in the NLSY97: Variation by race and socioeconomic conditions. *Marriage and Family Review*, 45, 374-391.

Jones-Sanpei, H., **Holmes, E. K.**, and Day, R. D. (2009). Family process environmental measures in the NLSY97: Variation by race and socioeconomic conditions. *Marriage and Family Review*, 45, 168-188.

**Note: Jones-Sanpei and Holmes contributed equally to this manuscript.**

Jones-Sanpei, H., Day, R. D., and **Holmes, E. K.** (2009). Core family process measures in the NLSY97: Variation by race and socioeconomic conditions. *Marriage and Family Review*, 45, 140-167.

**Note: Jones-Sanpei, Day, and Holmes contributed equally to this manuscript.**

Jones-Sanpei, H., Day, R. D., **Holmes, E. K.**, and \*van Langeveld, A. C. (2009). Family process variables in the NLSY97: A primer. *Marriage and Family Review*, 45, 129-139.

Hawkins, A. J., Lovejoy, K. R., **Holmes, E. K.**, \*Blanchard, V. L., and \*Fawcett, E. B. (2008). Increasing fathers' involvement in childcare with a couple-focused intervention during the transition to parenthood. *Family Relations*, 57, 49-59.

#### HANDBOOK AND BOOK CHAPTERS

**Holmes, E. K.**, Cowan, P. A., Cowan, C. P., and Hawkins, A. J. (2013). Marriage, fatherhood, and parenting programming. In N. Cabrera and C S. Tamis-LeMonda (Eds.), *Handbook of father involvement: Multidisciplinary perspectives* (2<sup>nd</sup> Edition, pp. 438-454). New York: Routledge.

**Holmes, E.K.**, Huston, T. L., Vangelisti, A., and \*Guinn, T. (2013). On becoming parents. In A. Vangelisti (Ed.) *The Routledge handbook of family communication* (pp. 80-96). New York: Routledge.

**Holmes, E. K.**, \*Baumgartner, J., Marks, L. D., Palkovitz, R., and \*Nesteruk, O. (2010). Contemporary contradictions and challenges facing married fathers and mothers. In K. S. Pearlman (Ed.), *Marriage: Roles, stability, and conflict* (pp. 157-171). Hauppauge, NY: Nova Science.

**Holmes, E. K.**, \*Duncan, T., \*Bair, S., and White, A. (2007). How mothers and fathers help each other count. In S. E. Brotherson, and J. M. White (Eds.), *Why fathers count*, (pp. 43-58). Harriman, TN: Men's Studies Press.

Huston, T., and **Holmes, E. K.** (2004). Becoming parents. In A. Vangelisti (Ed.) *Handbook of family communication* (pp. 105-133). Mahwah, NJ: Lawrence Erlbaum Associates.

Palkovitz, R., Marks, L., Appleby, D., and **Holmes, E. K.** (2003). Parenting and adult development: Contexts, processes and products of intergenerational relationships. In L. Kuczynski (Ed.) *The handbook of dynamics in parent-child relationships* (pp. 307-323). Thousand Oaks, CA: Sage Publications.

#### BOOK REVIEW

**Holmes, E. K.** (2008). *Situated fathering: A focus on physical and social spaces*, edited by W. Marsiglio, K. Roy, and G. Litton Fox. Lanham, MD: Rowman and Littlefield Publishers, Inc., 2005. *Fathering: A Journal of Theory, Research, and Practice about Men as Fathers*, 6(3), 285-286.

#### PEER-REVIEWED ARTICLES WITHIN THE UNIVERSITY

\*Fellows, K. J., Hill, E. J., Busby, D. M., and **Holmes, E. K.** (2013). Personality, relationship satisfaction, and family-to-work conflict. *Stance: For the Family*, Winter, 11-28.

\*McDaniel, B. T., \*Lopez, S., and **Holmes, E.K.** (2010). Factors that affect marital satisfaction across the transition to fatherhood. *Intuition: BYU Undergraduate Journal of Psychology*.

#### MANUSCRIPTS SUBMITTED FOR REVIEW

\*Galovan, A. M., **Holmes, E.K.**, and Ispa, J. (under review). A family system's view of school readiness: The effects of parenting, coparental similarity, and couple intimacy. *Journal of Family Psychology*

**Holmes, E. K.**, \*Holladay, H.M., Yorgason, J., and Hill, E. J. (revise and resubmit). How are mothers' work-to-family conflict, involvement in schooling, and work status related to children's academic achievement? *Journal of Family Issues*

**Holmes, E. K.**, \*Galovan, A. M. and Yorgason, J. (under review). Happy families are not all alike: Exploring longitudinal typologies of parental marriage. *Journal of Social and Personal Relationships*

**Holmes, E.K.**, \*Ransom, H., and \*Stoddard, N. (under review). Does adolescent loneliness mediate the association between paternal depression and adolescent aggression? *Journal of Child and Family Studies*

Shafer, K., \*Jensen, T., and **Holmes, E. K.** (under review). Transitioning to stepfamily life: The influence of closeness with biological parents and stepparents on children's stress. *Child and Family Social Work*

#### MANUSCRIPTS IN PROGRESS

\*Galovan, A. M., **Holmes, E. K.**, and Proulx, C. (in progress). *Theoretical and methodological issues in family research: Considering the common fate model.*

**Holmes, E. K.**, \*Holladay, H. M., and \*Stoddard, N. (in progress). *Does paternal sensitivity mediate the effect of paternal depression on preschooler cognition?*

**Holmes, E. K.**, and \*McDaniel, B. T. (in progress). *Contextualizing the effects of child sleep problems on depression: Mother's marital status, employment, and life stress as moderators.*

#### PROFESSIONAL CONFERENCE PRESENTATIONS

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**Holmes, E. K.** (2014, June). *Doing what she thinks is best: The effects of attaining desired work situations on early child development.* Symposium Presentation: Work and Family Researchers Network Conference. New York, NY.

\*Galovan, A. M., **Holmes, E. K.**, and Ispa, J. (2013, November). *A family system's view of school readiness: The effects of parenting, coparental similarity, and couple intimacy.* Poster Symposium: National Council on Family Relations. San Antonio, TX.

**Holmes, E. K.**, \*Holladay, H. M., Yorgason, J., and Hill, E. J. (2013, November). *How are mothers' work-to-family conflict, involvement in schooling, and work status related to children's academic achievement?* Poster Symposium: National Council on Family Relations. San Antonio, TX.

- Holmes, E. K.**, and \*McDaniel, B. T. (2013, November). *Contextualizing the effects of child sleep problems on depression: Mother's marital status, employment, and life stress as moderators*. Poster: National Council on Family Relations. San Antonio, TX.
- Holmes, E. K.**, Hill, E. J., and Russell, G. (2013, July). *Developing the national measure of work-life harmony in Singapore*. Presentation: The Fifth International Community, Work, and Family Conference. Sydney, Australia
- Holmes, E. K.**, \*Fackrell, T., \*Galovan, A. M., and Hill, E. J. (2013, July). *Work-family conflict for married women: A Singapore and U.S.A. cross-cultural comparison*. Presentation: The Fifth International Community, Work and Family Conference. Sydney, Australia.
- Holmes, E. K.**, and \*Holladay, H. M. (2012, November). *Does paternal sensitivity moderate the effect of paternal depression on child cognition?* Poster: National Council on Family Relations. Phoenix, AZ.
- \*Larson, T., and **Holmes, E.K.** (2012, November). *Depressive symptoms, body image dissatisfaction, and disruptive eating behaviors: Effects of gender and weight*. Poster: National Council on Family Relations. Phoenix, AZ.
- \*McAllister, S., \*Thornock, C., \*Hammond, J., **Holmes, E.K.** & Hill, E. J. (2012, August). *The influence of marital emotional intimacy on job perceptions and work-family conflict*. Presentation: American Psychological Association. Orlando, FL.
- \*Dunn, K., C., **Holmes, E. K.**, Harper, J., Dyer, J., and Day, R. (2011, November). *Mother knows best? Inhibitory maternal gatekeeping and its influence on the mother-child relationship*. Paper: National Council on Family Relationships. Orlando, FL
- \*Fellows, K., Hill, E. J., Busby, D. M., and **Holmes, E. K.** (2011, November). *Personality, relationship satisfaction, and family-to-work conflict*. Poster: National Council on Family Relations. Orlando, FL.
- Holmes, E.K.**, Fagan, J., Schoppe-Sullivan, S., and Day, R. (2011, November). *Locating the nexus between inhibitory maternal gatekeeping and coparenting processes*. Paper: Theory Construction and Research Methods Workshop of the National Council on Family Relations. Orlando, FL.
- \*McDaniel, B. T., Coyne, S. M., and **Holmes, E. K.** (2011, November). *New mothers' media use: Could blogging increase maternal well-being?* Poster: National Council on Family Relations. Orlando, FL.
- \*Galovan, A. M., and **Holmes, E. K.** (2010, November). *A family systems exploration of change in the parental marriage*. Paper: National Council on Family Relations. Minneapolis, MN.

- Holmes, E. K.**, and \*Galovan, A. M. (2010, November). *Individual and dyadic indicators of associations between marriage, coparenting, and parenting: Growth mixture models of mother-child and father-child relationship quality*. Paper: National Council on Family Relations. Minneapolis, MN.
- Martinengo, G., Hill, E.J., **Holmes, E.K.**, and \*Jones, B. (2010, November). *Individualistic and collectivistic influences in the work-family interface*. Paper: National Council on Family Relations. Minneapolis, MN.
- \*McDaniel, B. T., Erickson, J. J., and **Holmes, E. K.** (2010, November). *Emotion work, conflict, and negotiations of household labor across the transition to parenthood: A longitudinal analysis*. Poster: National Council on Family Relations. Minneapolis, MN.
- Erickson, J. J., and **Holmes, E. K.** (2009, November). *The gap between ideal and actual work situations: Implications for maternal wellbeing*. Paper: National Council on Family Relations. San Francisco, CA.
- Holmes, E. K.**, Yorgason, J., and Adamsons, K. (2008, November). The effects of couples' congruence in childrearing beliefs and discipline strategies on marital closeness over time. Paper: National Council on Family Relations. Little Rock, AK.
- Holmes, E.K.**, and Huston, A. C. (2007, March). *Predictors of observed dyadic father-child engagement*. Poster: Society for Research on Child Development. Boston, MA.
- Holmes, E. K.** (2005, November). *Conceptualizing fathering as an interdependent relationship: An application of Kelley's essential elements of interdependence to father-child relationships*. Paper: Theory Construction and Research Methods Workshop of the National Council on Family Relations. Phoenix, AZ.
- Sasaki, T, Hazen, N., and **Holmes, E. K.** (2005, November). *Factors predicting a smooth versus a rocky transition to parenthood*. Poster: National Council on Family Relations. Phoenix, AZ.
- Holmes, E. K.**, and Palkovitz, R. (2001, November). *When mom's happy everybody's happy: Fathers' perceptions of mothers' influences on fatherhood*. Paper: National Council on Family Relations. Rochester, NY.
- Christiansen, S. L., and **Holmes, E. K.** (2000, March). *Paternal involvement, identity, intimacy, and generativity as predictors of fathers' marital quality*. Paper: Revitalizing the Institution of Marriage for the 21<sup>st</sup> Century. Provo, UT.
- Olsen, S. F., Marshall, E. S., Mandlco, B., **Holmes, E. K.**, Larsen, J., Moss, J., and Palmer, S. (1999, November). *The lived experience of siblings of children with special needs*. Sigma Theta Tau International. San Diego, CA.

## PROFESSIONAL AFFILIATIONS

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International Association for Relationship Research  
 National Council on Family Relations  
 Society for Research on Child Development  
 Work and Family Researchers Network

## RESEARCH FUNDING

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Grant #2013-CY-BX-0005  
 Title: BJA FY 13 U.S. Department of Justice Second Chance Act Adult Mentoring and Transitional Services for Successful Reentry Program: Mentoring of Adult Offenders: Promoting Successful Reentry Through Responsible Father/Motherhood  
 Funded 2013-2015, \$300,000  
 My Role: Co-author and External Evaluator. Fees for consultation: \$5,000.

Stepfamilies Experience Project (STEP), LDS Philanthropies Private Donor Grant  
 Funded December 2013, \$35,000

Stepfamilies Experience Project (STEP), Mentoring Environment Grant  
 Funded 2012-2014, \$20,000  
 My Role: Co-author and Co-principle Investigator

Singapore Work-Life Harmony Survey.  
 Funded 2011- 2013, Republic of Singapore, \$100,000  
 My Role: Co-investigator

Singapore Work-Life Harmony.  
 Funded 2012, BYU Family Studies Center, \$13,800  
 My Role: Co-investigator

The Nature and Correlates of Change in Father-Child Relationships  
 Funded 2008, BYU College of Family, Home, and social Sciences, \$5,000  
 My Role: Sole author and investigator

## FELLOWSHIPS AND AWARDS

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2014 **Most Influential Professor in the School of Family Life, Awarded by the School of Family Life Student Association**

Graduating seniors in the School of Family Life Student Association nominate the most influential professor. The award is then given to the individual receiving the most nominations. This award is designated to one professor each year. The winning professor is honored at the final luncheon for all graduating students, and has the opportunity to deliver a final speech to all outgoing students.

2013 **Finalist Rosabeth Moss Kanter Award for Excellence in Work-Family Research for “Doing What She Thinks is Best: Maternal Psychological Wellbeing and Attaining Desired Work Situations” (Holmes, Erickson, & Hill, 2012)**



A committee of over 60 leading scholars examined over 2500 articles in 77 leading English language journals from around the world. In a three-stage process, 7 papers were selected as finalist.

- 2011 **National Council on Family Relations Best Article about Men in Families by a New Professional Award for “Understanding Positive Father-child Interaction: Children’s Fathers’, and Mothers’ Contributions” (Holmes & Huston, 2010)**

A committee of 11 scholars who specialize in research on men in families examined over 1000 articles in 22 leading family studies and human development journals. 5 papers were selected as finalist, and my paper won the award. This award is intended to honor a new professional who is contributing to the study of men in families in ways that are innovative and that advance the field.

- 2011 **Finalist National Council on Family Relations Best Article about Men in Families by a New Professional Award for “Meta-analysis of the Effectiveness of Resident Fathering Programs: Are Family Life Educators Interested in Fathers?” (Holmes, Galovan, Yoshida, and Hawkins, 2010)**

Though I beat myself in this competition as winner of the award, I wanted to highlight that 2 of the 5 finalists selected were my papers.

- 2004 **University Continuing Fellowship**  
*The University of Texas at Austin*

The University designated one fellowship to my department. This fellowship is given on the basis of performance in the program and promise of future success. It includes full tuition, an annual stipend, and a medical benefits allotment.

- 2002 **Dean’s Executive Scholarship, College of Natural Sciences,**  
*The University of Texas at Austin*

This award is used by the Dean to recruit excellent new students to the College of Natural Sciences.

- 2001 **Amy Rextrew Award for Outstanding Graduate Student, College of Human Services, Education, and Public Policy.**  
*University of Delaware*

This award is presented to one outstanding M.S. student in the College for academic excellence each year.

## **OTHER HONORS AND AWARDS**

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2005-2006 Mary Ellen Durrett Endowed Scholarship in Child Development  
*The University of Texas at Austin*

2001-2005 Non-resident Tuition Scholarship in the Department of Human Ecology  
*The University of Texas at Austin*

- 2002, 2005 Professional Development Award, funds to travel to professional meetings  
*The University of Texas at Austin*
- 2001 Second Place Steele Symposium Poster Competition, \$200 award  
*University of Delaware*
- 1999-2001 Professional Development Award, funds to travel to professional meetings  
*University of Delaware*
- 1999-2001 Non-resident Tuition Scholarship  
*University of Delaware*
- 1998 Sterling Selfless Service Award, Women's Services and Resource Center  
*Brigham Young University*
- 1996 -1998 University Academic Scholarship  
*Brigham Young University*
- 1997 Organization for Research and Creative Activities Research Grant  
*Brigham Young University*
- 1994, 1997 Dean's List in the College of Family, Home and Social Sciences  
*Brigham Young University*
- 1995 Recipient of Glenn E. and Olive O. Nielsen Scholarship  
*Brigham Young University*

## **COURSES TAUGHT**

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### *GRADUATE COURSE*

*Family Theory Construction* (MFHD 760), Brigham Young University

A required graduate theory course in which we review theories about families and close relationships, and examine their assumptions, values, propositions, and applications to specific content areas in family studies. We also examine the processes of theory testing and theory construction in family studies and explore the linkages among theory, research, and practice.

*Independent Readings* (MFHD 693R), Brigham Young University

An elective directed readings course for graduate students focused on a particular research topic. I have directed students in research on longitudinal designs and analyses, and research topics including coparenting, fathering, mothering, and work-family harmony.

### *UNDERGRADUATE COURSES*

*Critical Inquiry and Research Methods* (SFL 290), Brigham Young University

A required introductory course focusing on research procedures, methods, design,

and basic quantitative and qualitative analysis.

*Theories in Family Perspective* (SFL 336/451), Brigham Young University

A required upper-division course focusing on the philosophy of social research methods and social theories about individuals and families.

*Research Practicum* (SFL 403R), Brigham Young University

An elective directed research with undergraduate students focused on a particular research process or topic. I have directed students in qualitative interviewing skills, mediation and moderation research designs, and research topics including the transition to parenthood, coparenting, fathering, and the work-family interface.

*Philosophies of Family Work and Relationships in the Home* (SFL 471), Brigham Young University

An upper-division research and theory seminar on the history of home economics, gendered divisions in household labor, and links between household labor, family relationships, and individual wellbeing.

*Introduction to Family Relationships* (HDFS 304), The University of Texas at Austin

A required introductory course offering students a survey of marriage and family studies research including topics such as diverse definitions of *family*, courtship, cohabitation, marriage, the transition to parenthood, divorce, family stress and resilience, and aging.

## **STUDENT MENTORING**

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### *MASTER'S THESIS OR PROJECT CHAIR*

- 2013-Present Nathan Stoddard, MFHD Brigham Young University
- 2012-2014 Heather Ransom, MSW Brigham Young University (MSW received 2014)
- 2012-2013 Hayley Holladay, MFHD Brigham Young University (MS received 2013)
- 2011-2013 Tiffany Larson, MSW Brigham Young University (MSW received 2013)
- 2010-2012 KayLee Dunn, MSW Brigham Young University (MSW received 2012)
- 2010-2012 Jessica Williamson, MSW Brigham Young University (MSW received 2012)
- 2008-2010 Adam Galovan, MFHD Brigham Young University (MS received 2010)

### *MASTER'S THESIS COMMITTEE MEMBER*

- 2014-Present Samuel Pereyra, MFT Brigham Young University
- 2014-Present Matthew Nielson, MFHD Brigham Young University
- 2013-Present Jessica Hansen, MFHD Brigham Young University

- 2013-2014 Kierea Meloy, MFT Brigham Young University (MS received 2014)
- 2011-2013 Jeff Crane, MFT Brigham Young University (MS received 2013)
- 2011-2013 Stephanie Blickfeldt, MFHD Brigham Young University (MS received 2013)
- 2010-2013 Katie Gustafson, MFHD Brigham Young University (MS received 2013)
- 2010-2012 Kaylene Fellows, MFHD Brigham Young University (MS received 2012)

*DISSERTATION COMMITTEE MEMBER*

- 2014-Present J. V. Canlas, MFHD Brigham Young University
- 2009-Present Keitaro Yoshida, MFHD Brigham Young University
- 2007-2008 Takayuki Sasaki, HDFS The University of Texas at Austin (PhD received 2008)

*UNDERGRADUATE HONOR'S THESIS CHAIR*

- 2012 Jolanda van Roekel, Visiting from the Radboud Honors Academy, The University of Nijmegen (B.S. with Honors received 2012)

*UNDERGRADUATE HONOR'S THESIS COMMITTEE MEMBER*

- 2009-2010 Brandon McDaniel, Psychology, Brigham Young University (BS with Honors received 2010)

*ORCA GRANT MENTOR*

- 2013-2014 Ashley Brocious, Women's Studies Brigham Young University ORCA Grant Recipient, \$1500
- 2013-2014 Lauren Smithee, SFL Brigham Young University ORCA Grant applicant
- 2009-2010 Courtney Dixon, SFL Brigham Young University ORCA Grant applicant
- 2009-2010 Brandon McDaniel, Psychology Brigham Young University ORCA Grant Recipient, \$1500

*WOMEN'S STUDIES CAPSTONE PROJECT MENTOR*

- 2014 Wendi Frederickson, SFL Brigham Young University (BS received 2014)

*SFL ACADEMY PROJECT MENTOR*

- 2014 Christa Fletcher, SFL Brigham Young University (BS received 2014)

**PROFESSIONAL SERVICE**

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- 2014 Member Editorial Board, *Family Relations: Interdisciplinary Journal of*

*Applied Family Studies*

- 2013 Co-chair Elect for National Council on Family Relations Theory Construction and Research Methods Workshop in 2015 (elected 2013)
- 2011-2012 Editor, Special Issue *Fathering: A Journal of Research, Theory, and Practice About Men as Fathers* on Community Based Programs to Promote Father Involvement
- 2010-2012 Associate Editor, *Fathering: A Journal of Research, Theory, and Practice About Men As Fathers*
- 2009-2011 Co-Chair National Council on Family Relations Men in Families Focus Group
- 2008 Member National Council on Family Relations Men in Families Research Award Committee
- 2006 Member Society for Research on Child Development Multidisciplinary Task Force

**AD-HOC JOURNAL REVIEWER**

- Aggressive Behavior (Action Editor: Diana Armistead)
- Early Childhood Research Quarterly (Action Editor: Adam Winsler)
- Family Relations (Action Editor: Ron Sabatelli)
- Family Science (Action Editor: J.J.S. Dubas)
- Fathering (Action Editor: Joe Pleck/Andrea Doucet)
- International Journal of Sociology of the Family (Action Editor: Sunil Kukreja)
- Journal of Child and Family Studies (Action Editor: Nirbhay N. Singh)
- Journal of Family Issues (Action Editor: Constance Shehan)
- Journal of Family Psychology (Action Editor: Ernest Jouriles)
- Journal of Family Theory and Review (Action Editor: Bob Milardo)
- Journal of Marriage and Family (Action Editor: Dave Demo/Kelly Raley)
- Journal of Social and Personal Relationships (Action Editor: Paul Mongeau)
- The International Journal of Human Resource Management (Action Editor: Michael Dickmann)
- Youth and Society (Action Editor: Marc Zimmerman)

**DEPARTMENTAL/COLLEGE SERVICE**

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- 2013-Present Member, Social Work Conference Organizing Committee, "Men, Fathers, & Mental Health: Interdisciplinary Perspectives," College of Family, Home, and Social Sciences
- 2013-Present Member, Methods Committee, School of Family Life
- Present,  
2009- 2010 Member, Graduate Committee, School of Family Life
- 2012-2014 Member, Faculty Rank & Status and PAR Committee, School of Family Life

- 2012 Judge, Mary Lou Fulton Undergraduate Poster Conference, College of Family Home & Social Sciences
- 2010-2012 Member, Faculty Search Committee, School of Family Life
- 2009 Judge, Mary Lou Fulton Graduate Poster Conference, College of Family Home & Social Sciences
- 2007-2009 Member, Faculty Development Committee, School of Family Life
- 2003-2004 Elected Graduate Student Representative, The University of Texas at Austin
- 2002-2003 Member Teaching Assistantship Committee, The University of Texas at Austin

### *OUTREACH*

- 2013 *Exploring the common fate model: Chaos in the home, partner conflict resolution, and child behavior problems.* Invited presentation given at the Family Studies Center Methods Workshop. Brigham Young University. September 27, 2013. Provo, Utah.
- 2013 *Strengthening the father-child bond.* Invited presentation given at the UCCU Family Festival Conference. Utah Valley University. November 22, 2013. Provo, Utah.
- 2012 *Personal virtue.* Invited presentation given at the conference Everyday Virtue: Taking the Moral & Ethical into the Public Domain. Brigham Young University Wheatley Institution. February 24, 2012. Provo, Utah.
- 2011 *Why dads matter.* Invited presentation given to Mountainland Head Start Parents' Conference. February 19, 2011. Provo, Utah.
- 2010 *Finding joy and nobility in motherhood.* Invited presentation given to BYU Women's Conference. April 29, 2010. Provo, Utah.
- 2009 *Marriage: A private or public institution?* Invited presentation given to Women Talk Women, a community-based group focusing on women's issues in the community. April 14, 2009. Provo, Utah.

### *MEDIA INTERVIEWS AND MEDIA ATTENTION*

#### **International**

##### *United Kingdom:*

Daily Mail (#2 Paper in the UK; Written by Ruth Styles). Happy wife, happy life: A willingness to help out with the housework is the key to a good marriage, new survey reveals. (Published March 22, 2013). <http://www.dailymail.co.uk/femail/article-2297438/Happy-wife->

[happy-life-A-willingness-help-housework-key-good-marriage-new-survey-reveals.html?ito=feeds-newsxml](http://www.usaukonline.com/latest-news/8600-happy-wife-happy-life-a-willingness-to-help-out-with-the-housework-is-the-key-to-a-good-marriage-new-survey-reveals.html?ito=feeds-newsxml)

USA—UK Online. Happy wife, happy life: A willingness to help out with the housework is the key to a good marriage, new survey reveals. (Published online March 22, 2013). <http://www.usaukonline.com/latest-news/8600-happy-wife-happy-life-a-willingness-to-help-out-with-the-housework-is-the-key-to-a-good-marriage-new-survey-reveals.html>

News Grio. Happy wife, happy life: A willingness to help out with the housework is the key to a good marriage, (Published Online March 22, 2013). <http://www.newsgrio.com/latest-news/33319-happy-wife-happy-life-a-willingness-to-help-out-with-the-housework-is-the-key-to-a-good-marriage-new-survey-reveals.html> (Cumming, GA)

*India:*

Indian Express (New Delhi, India). Dad's bonding with kids keep wife happy! (Online March 22, 2013). <http://www.indianexpress.com/news/dads-bonding-with-kids-keep-wife-happy-/1091927/0>

India Times (Gurgaon, Haryana, India). Dad's bonding with kids keep wife happy! (Online March 23, 2013). <http://www.indiatimes.com/lifestyle/relationships/dads-bonding-with-kids-keep-wife-happy-67909.html>

Deccan Chronicle. Dad's bonding with kids keep wife happy! (Online March 22, 2013). <http://www.deccanchronicle.com/130322/lifestyle-relationship/article/dads-bonding-kids-keep-wife-happy> (circulation of over 1.45 Million Copies per day in South India)

DNA (Mumbai, India). Doing chores together 'key to better relationship.' (Online March 22, 2013) [http://www.dnaindia.com/lifestyle/report\\_doing-chores-together-key-to-better-relationship\\_1814306](http://www.dnaindia.com/lifestyle/report_doing-chores-together-key-to-better-relationship_1814306)

Post (New Delhi, India). Doing chores together 'key to better relationships.' <http://post.jagran.com/doing-chores-together-key-to-1363953600>

ANI News. (India). Doing chores together key to better relationship. (Published online March 22, 2013). <http://www.aninews.in/newsdetail11/story104384/doing-chores-together-key-to-better-relationship-.html>

Sakshi Post. (India). Sharing household chores keeps relationship healthy. (Published online March 22, 2013). <http://www.sakshipost.com/index.php/lifestyle/good-living/14914-sharing-household-chores-keeps-relationship-healthy>

India Vision. (India). Doing chores together 'key to better relationship.' (Published online March 22, 2013) <http://www.indiavision.com/news/article/lifestyle/408670/doing-chores-together-key-to-better-relationship/>

News Track India. (India). Doing chores together 'key to better relationship.' (Published online March 22, 2013). <http://www.newstrackindia.com/newsdetails/2013/03/22/39-Doing-chores-together-key-to-better-relationship-.html>

Yahoo!News. (India). Doing chores together 'key to better relationship.' (Published online March 22, 2013). <https://in.news.yahoo.com/doing-chores-together-key-better-relationship-045202945.html>

#### *Bangladesh:*

The Daily Star. (Bangladesh). Couples work together, stay together. (Published online March 23, 2013). <http://www.thedailystar.net/beta2/news/couples-work-together-stay-together/>

Vnewsbd.com (Bangladesh). Work together, stay together. (Published online March 24, 2013) <http://www.vnewsbd.com/?p=1606>

#### **National**

USA Today (Interviewed by Sharon Jayson). Men vs. Women: How much time spent on kids, job, chores? (Online March 14, 2013). <http://www.usatoday.com/story/news/nation/2013/03/14/men-women-work-time/1983271/>

Discovery Health (Written by Sara Novak). Shared household may equal a better relationship. (online March 24, 2013). <http://blogs.discovery.com/dfh-sara-novak/2013/03/shared-household-and-child-rearing-responsibilities-makes-for-a-better-relationship.html>

ScienceDaily (#2 Science News Website). Parents should do chores together, study says. (Online March 21, 2013). <http://www.sciencedaily.com/releases/2013/03/130321093104.htm>

EurekAlert (#9 Science News Website): [http://www.eurekalert.org/pub\\_releases/2013-03/byu-psd032013.php](http://www.eurekalert.org/pub_releases/2013-03/byu-psd032013.php)

Men's Health (Written by Jenna Birch). Want a happy wife? Do this. (Online March 24, 2013). <http://news.menshealth.com/want-a-happy-wife-do-this/2013/03/24/>

ScienceBlog. Fathers: Do chores together for better relationship. (Published online March 21, 2013). <http://scienceblog.com/61633/fathers-do-chores-together-for-better-relationship/>

RedOrbit (Written by Lee Rannals). Put March Madness on hold and pick up that broom. (Published online March 22, 2013). <http://blogs.redorbit.com/put-march-madness-on-hold-and-pick-up-that-broom/>

Press-News.org. Parents should do chores together, study says. (Published online March 21, 2013). <http://press-news.org/95930-parents-should-do-chores-together-study-says.html>



Science Codex Blog. Parents should do chores together, study says. (Published online March 21, 2013). [http://www.sciencecodex.com/parents\\_should\\_do\\_chores\\_together\\_study\\_says-108989](http://www.sciencecodex.com/parents_should_do_chores_together_study_says-108989)

Medical Xpress Blog. Do chores together for better relationship. (Published online March 21, 2013). <http://medicalxpress.com/news/2013-03-chores-relationship.html>

Sify Movies Blog. Doing chores together 'key to better relationship' (Published online March 22, 2013). <http://www.stoneheartnewsletters.com/why-parents-should-do-chores-together/human-behavior-cooperation/>

Healthcanal blog. Do chores together for better relationship. (Published online March 20, 2013). <http://www.healthcanal.com/life-style-fitness/37154-chores-together-for-better-relationship.html>

Daily News Talks Naenara Blog. OK, guys, maybe a little housework will help save your marriage. (Published online March 23, 2013). <http://kpisp.net/ok-guys-maybe-a-little-housework-will-help-save-your-marriage.html>

Learnvest.com (Interviewed by Cheryl Lock). We know the secret to happiness.(Printed April 2012). <http://www.learnvest.com/2012/04/we-know-the-secret-to-happiness/>

The Wall Street Journal (Interviewed by Rachel Emma Silverman). Doing the opposite of what you want. (Printed February 21, 2012) <http://blogs.wsj.com/juggle/2012/02/21/doing-the-opposite-of-what-you-want/>

The New York Times (Written by KJ Dell'Antonia). Blogging makes new moms happier. (Printed January 11, 2012). <http://parenting.blogs.nytimes.com/2012/01/11/does-blogging-make-new-moms-happier/>

The Today Show Blog (Written by Kavita Varma-White). Study: Blogging makes new moms happy. (Printed January 11, 2012). <http://moms.today.msnbc.msn.com/news/2012/01/11/10120722-study-blogging-makes-new-moms-happy>

NPR (Written by Alan Greenblatt). Telecommuting beats a day at the office. (Printed June 9, 2010). <http://www.npr.org/blogs/alltechconsidered/2010/06/09/127593864/telecommuting-beats-a-day-at-the-office>

Time (Written by Tiffany O'Callaghan). Telecommuting, flex-time decrease work-life conflict. (Printed June 3, 2010). <http://healthland.time.com/2010/06/03/telecommuting-flex-time-decrease-work-life-conflict/>

Wall Street Journal (Written by Sue Shellenbarger). Office workers: How long before you hit the breaking point? (Printed June 3, 2010). <http://blogs.wsj.com/juggle/2010/06/03/office-workers-how-long-before-you-hit-the-breaking-point/>

## Local

Deseret News (Interviewed by Lois Collins). BYU, USU study says marriage thrives on shared chores, strong dad-child bond. (Online March 20, 2013). <http://www.deseretnews.com/article/865576340/BYU-USU-study-says-marriage-thrives-on-shared-chores-strong-dad-child-bond.html>

The Rod Arquette Show. Talk Radio 105.7 FM/570 AM KNRS (Interviewed by Rod Arquette). Aired March 21, 2013.

BYU Homepage (Interviewed by Joe Hadfield). Do chores together for better relationship. (Online March 20, 2013). <http://news.byu.edu/archive13-mar-chores.aspx>

BYU Magazine (Interviewed by Sue Bergin). The benefits of mommy blogging. (Printed Summer 2012). <http://magazine.byu.edu/?act=view&a=3055>

CityViews with Jennifer Napier-Pearce (Interviewed by Jennifer Napier-Pearce). Sleeping with baby: Segment 2. (Aired January 12, 2012.) <http://kcpw.org/?p=19544>

The Salt Lake Tribune (Interviewed by Vince Horiuchi). ‘Mommy blogging’ reduces new mom stress, study shows. (Printed January 10, 2012). <http://www.sltrib.com/sltrib/news/53264120-78/blogging-blog-social-com.html.csp>

Deseret News. (Interviewed by Lois M. Collins). Blogs may help women transition to ‘mom’ (Printed January 7, 2012). <http://www.deseretnews.com/article/700213187/Blogs-may-help-women-transition-to-mom.html>

Provo Daily Herald. (Interviewed by Paige Fieldsted). Blogging helps new moms adjust to parenthood, study shows. (Printed January 8, 2012). [http://www.heraldextra.com/momclick/parenting/blogging-helps-new-moms-adjust-to-parenthood-study-shows/article\\_072f3576-25b9-568e-aab1-3c030945943c.html](http://www.heraldextra.com/momclick/parenting/blogging-helps-new-moms-adjust-to-parenthood-study-shows/article_072f3576-25b9-568e-aab1-3c030945943c.html)

Sunday Edition with Bruce Lindsay (Interviewed by Bruce Lindsay). Fatherless homes. (Aired May 22, 2011). <http://www.ksl.com/index.php?nid=750&sid=15644182>

Deseret News (Interviewed by Elizabeth Stuart). American homes feel impact of disappearing fathers. (Printed May 22, 2011). <http://www.ksl.com/?nid=148&sid=15644552>

Deseret News (Interviewed by Sara Israelsen-Hartley). BYU study: Good parenting all about the right “dad-itude.” (Printed June 20,

2010). <http://www.deseretnews.com/article/700041494/BYU-study-Good-parenting-all-about-the-right-dad-itude.html>

The Salt Lake Tribune (Interviewed by Brian Maffly). Fathers matter, but time is a must. (Printed June 20, 2010). <http://www.sltrib.com/sltrib/home/49791854-76/kids-dads-says-fathers.html.csp>

BYU News Release (Interviewed by Joe Hadfield). New study for Father's Day: The right "dad-itude" for quality time with kids. (Featured on BYU Homepage beginning June 14, 2010). <http://news.byu.edu/archive10-jun-fathersday.aspx>

Deseret News (Written by Sara Israelsen-Hartley). Working at home makes for happy employees, BYU study says. (Printed June 5, 2010). <http://www.deseretnews.com/article/700037507/Working-at-home-makes-for-happy-employees-BYU-study-says.html>

BYU News Release (Written by Joe Hadfield). Telecommuters with flextime stay balanced up to 19 hours longer. (Released June 1, 2010). <http://news.byu.edu/archive10-jun-telecommuting.aspx>

Deseret News (Interviewed by Nicole Warburton). Are women superior spouses? (Printed September 28, 2009). <http://www.deseretnews.com/article/705332827/Are-women-superior-spouses.html>

Deseret News (Interviewed by Nicole Warburton). Successful parenting: Couples new book says communication is the key to navigating parenthood. (Printed October 5, 2009). <http://www.deseretnews.com/article/705334527/Successful-parenting.html>

Deseret News (Interviewed by Amy Choate-Nielsen). Women viewed as catalyst in helping fathers reach potential. (Printed June 17, 2007). <http://www.deseretnews.com/article/665194367/Women-viewed-as-catalyst-in-helping-fathers-realize-potential.html>