

Lauren A. Barnes
 Curriculum Vitae
 January 2017
 School of Family Life
 Brigham Young University
 274 TLRB Provo, UT 84602
 (801) 422-3889
Lauren_Barnes@byu.edu

EDUCATION

- Ph.D.**
2013 **Marriage & Family Therapy**
 Brigham Young University
 Dissertation: *Links between High Economic Distress and School Engagement as Mediated through Negative Marital Interaction and Parental Involvement*
- M.S.**
2010 **Marriage & Family Therapy**
 Brigham Young University
 Thesis: *The Relationship of Equal Division of Labor and Satisfaction of Division of Labor to Positive Parenting as Mediated by Parents' Relationship Quality*
- B.S.**
2008 **Psychology**
Minors: Family Life and Music
 Brigham Young University
 Cum Laude

PROFESSIONAL EMPLOYMENT

Assistant Clinical Professor

Marriage & Family Therapy Director of Clinical Training, October 2013-Present
 School of Family Life
 Brigham Young University Provo, UT

Marriage and Family Therapist, April 2012 – October 2013
 Center for Change Orem, UT

TEACHING

Undergraduate

SFL 354 Cross-Cultural Families and Human Development (Fall 2016)
 SFL 260 Family Finance (Fall 2013, 2014, 2015)

Graduate

MFT 650 Theoretical Foundations in Marriage & Family Therapy (Winter 2014, 2015)
 MFT 655R Beginning Practicum in Marriage & Family Therapy (Fall 2014, 2015)
 MFT 655R Intermediate Practicum in Marriage & Family Therapy (Winter 2014, 2015)
 MFT 663 Individuals and Family over the Life Course (Spring 2014)
 MFT 695R Special Topics: MFT Alumni Summer Series (Summer 2015, 2016)
 MFT 755R Advanced Practicum in Marriage & Family Therapy (Winter 2014-ongoing)
 MFT 770R Clinical Internship (Fall 2014-ongoing)

Teaching Experience Prior to Appointment at BYU

Adjunct Instructor, 2012-13. School of Family Life, Brigham Young University, Provo, UT
SFL 260: Family Finance

Adjunct Instructor, 2010. School of Family Life, Brigham Young University, Provo, UT
MFT 655R: Beginning Practicum in Marriage & Family Therapy

Student Instructor, 2007-08. School of Family Life, Brigham Young University, Provo, UT
MFHD 403R: Observational Coding

Teaching Assistant, 2007-08. School of Family Life, Brigham Young University, Provo, UT
SFL 260: Family Finance

AWARDS, ACADEMIC HONORS & SCHOLARSHIPS

2016 New Faculty Development Award, School of Family Life
2015 New Faculty Development Award, School of Family Life
2011 Blaine R. Porter Fellowship
2010-2013 BYU Marriage & Family Therapy Full-Tuition Scholarship
2010 Ella Carpenter Jensen Scholarship
2009 Peters and Driggs Scholarship
2008-2009 Richard & Jean Holmes Scholarship
2008-2010 BYU Marriage & Family Therapy Half-Tuition Scholarship
2008 Phi Kappa Phi Honor Society
2008 Psi Chi Psychology Honor Society
2007 Brigham Young University Dean's List
2007 College of Family, Home and Social Science Dean's List
2007-2008 Enriched Environment Scholarship
2007-2008 Dewey & Lorraine MacKay Scholarship
2006-2007 Multicultural Student Services Scholarship
2005-2006 Multicultural Student Services Scholarship
2005-2006 Roland & Dora Mae Crabtree Scholarship

UNIVERSITY CITIZENSHIP

Faculty Search Committee, Member, August 2016- Present
School of Family Life, College of Family, Home and Social Sciences
Brigham Young University

Marketing Committee, Member, February 2015- Present
School of Family Life, College of Family, Home and Social Sciences
Brigham Young University

Professional Academic Review Committee, Member, September 2014-August 2016
School of Family Life, College of Family, Home and Social Sciences
Brigham Young University

Latin Committee, Member, October 2013- Present
School of Family Life, College of Family, Home and Social Sciences
Brigham Young University

Marriage & Family Therapy Admissions, Chair, October 2013- Present
 School of Family Life, College of Family, Home and Social Sciences
 Brigham Young University

Marriage & Family Therapy Recruiting, Chair, October 2013- Present
 School of Family Life, College of Family, Home and Social Sciences
 Brigham Young University

Marriage & Family Therapy Policies & Curriculum Committee, October 2013- Present
 School of Family Life, College of Family, Home and Social Sciences
 Brigham Young University

COMMUNITY CITIZENSHIP

Utah Association of Marriage & Family Therapy, Board Member, December 2016-Present

CLINICAL ADMINISTRATION

Recruitment

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
 September 2016. University of Nevada- Las Vegas. Las Vegas, NV

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
 September 2016. Dixie State University, St. George, UT

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
 September 2016. Southern Utah University, Cedar City, UT

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
 September 2016. University of Utah, Salt Lake City, UT

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
 September 2016. Brigham Young University, Provo, UT

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
 September 2016. Utah Valley University, Orem, UT

Differences and Similarities between MFHD & MFT Graduate Programs
 October 2015. Brigham Young University, Provo, UT

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
 September 2015. Weber State University, Orem, UT

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
 September 2015. Dixie State University, St. George, UT

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
 September 2015. Southern Utah University, Cedar City, UT

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
 September 2015. University of Utah, Salt Lake City, UT

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
 September 2015. Brigham Young University, Provo, UT

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
September 2015. Utah State University, Logan, UT

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
September 2015. Utah Valley University, Orem, UT

BYU's Marriage & Family Therapy Program
August 2015. Gonzaga University. Spokane, WA

What is Marriage & Family Therapy? SFLSA Career Night
March 2015. Brigham Young University, Provo, UT

Why Marriage & Family Therapy at BYU? Q&A Session for Interested Applicants.
March, May, October and November 2016
March and May 2015
April, July, October, and November 2014.
November and December 2013.
Brigham Young University, Provo, UT

What is Marriage & Family Therapy? Panel of BYU Graduate Programs.
November 2014. Brigham Young University, Provo, UT

Differences and Similarities between MFHD & MFT. Q&A Session.
November 2014. Brigham Young University, Provo, UT

BYU's Marriage & Family Therapy Program. MFT Graduate Program Showcase.
October 2014. American Association for Marriage & Family Therapy,
Milwaukee, WI

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
September 2014. Utah Valley University, Orem, UT

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
September 2014. Utah State University, Logan, UT

BYU's Marriage & Family Therapy Program. Graduate Fair Exhibit.
September 2014. Brigham Young University, Provo, UT

The MFT Program at BYU or University of Nebraska-Lincoln? Q&A Session.
Invited Presenter: Cody Hollist, Ph.D., LMFT
May 2014. Brigham Young University, Provo, UT

Created and Sponsored Networking and Alumni Events

Marriage & Family Therapy Graduate Recruitment Fair
September 2016
October 2015
October 2014

Marriage & Family Therapy Alumni Summer Series
May-August 2016
May-July 2015

May-August 2014

Grant Funding Opportunities Secured for Students*Americorps Education Award (\$43,785 to date)*300 hour term**2016**

Cameron Hee
 Kate Handy
 Szu-Yu Lin
 Johnny Liu
 Cara Nebeker-Adams
 Jared Hawkins
 Andrea Parady
 Samantha Simpson
 Emily Stephens
 Julia Bernards
 Melece Meservy
 Iesha Nuttall
 Lauren Smithee
 Melanie Cox
 Julia Jones
 Mallory Wolfgramm
 Bonnie Young

2015

Robb Clawson
 Julia Bernards
 Spencer Ford
 Melece Meservy
 Iesha Nuttall
 Lauren Smithee
 Melanie Cox
 Julia Jones
 Mallory Wolfgramm
 Bonnie Young
 Doug Wendt
 Trevor Dahle
 Jennifer Rotondo
 Kwin Willis

2014

Kayla Burningham
 Jessica Croft
 Trevor Dahle
 Erica Delgado
 Thomas Gruenewald
 Emilie Iliff

Micah Ingalls
 Alexis Lee
 Jason Lefrandt
 Robb Clawson
 Lisa Hansen
 Lauren Drean

450 hour term**2016**

Li Ping Su
 Brock Sumner

2015

Kayla Burningham
 Bailey Selland
 Jessica Croft
 Erica Delgado
 Jason Lefrandt
 Tiffany Migdat

2014

Sergio Pereyra
 Andrew Thompson
 Chris Andrew
 Merle (Tasha) Bates

675 hour term**2016**

Erin Rackham
 Jennifer Espino
 Doug Wendt
 Kwin Willis

2015

Erin Rackham

2014

Austin Beck
 Natasha Bell
 Erin Rackham
 Lauren Drean

Mentoring and Internship Placement of Graduate Students

Dissertation Mentoring

Committee Member

Webster, Tabitha (2016) Childhood Abuse Types as Predictors of Relational Physical Violence in an Actor-Partner Interdependence Serial Dual Mediation of Adult Attachment Behaviors and Romantic Relational Aggression in Couples.

Presentations

Barnes, L.A., (2015, April) *How to Become Licensed and Get a Job: Training for Graduating Students.*

Barnes, L.A., (2014, May) *How to Become Licensed and Get a Job: Training for Graduating Students.*

Internship Placement

*Denotes the internship became a part or full-time job after graduation for the student

M.S. Students

2016

*Julia Jones, Redwood Family Therapy, Saratoga Springs, UT.

*Bonnie Young, Covenant Sex Therapy, Provo, UT.

2015

Megan Story, Wasatch Mental Health, Provo, UT

Emilie Iliff, Covenant Sex Therapy, Provo, UT

*Kayla Burningham, Integrative Life Counseling, Provo, UT

*Erin Rackham, Suncrest Counseling, South Jordan, UT

*Stella Dobry, Wasatch Mental Health, Provo, UT

2014

*Tasha Bates, Covenant Sex Therapy, Sandy & Provo, UT

Austin Beck, LDS Family Services, Provo, UT

Lauren Drean, BYU Women's Services & Resource Center

Megan Rogers, BYU Women's Services & Resource Center

Stella Dobry, Wasatch Mental Health, Provo, UT

*Heather Smith, Redwood Family Therapy, Saratoga Springs, UT

*Stephanie Young, Redwood Family Therapy, Saratoga Springs, UT.

Ph.D. Students

2016

Jennifer Espino, Solace Counseling, Pleasant Grove, UT.

Bryan Kubricht,

Li Ping Su, The GreenHouse Center, Springville, UT.

2015

Bryan Kubricht, Suncrest Counseling, American Fork, UT

Tabitha Webster, Wasatch Mental Health, Provo, UT

*Lexie Pfiefer, Strong Family and Child Therapy, Salt Lake City, UT

*Lisa Hansen, Provo Center for Couples and Families, Provo, UT

*Garret Roundy, Provo Center for Couples & Families, Provo, UT

Stephanie Davis, Redwood Family Therapy, Saratoga Springs, UT

2014

Lexie Pfiefer, The Bradley Center, West Jordan, UT
 Joshua Novak, Suncrest Counseling, American Fork, UT
 Sergio Pereyra, Alliance Behavioral Psychology, Orem, UT
 Lexie Pfiefer, House of Hope, Provo, UT
 Lexie Pfiefer, Strong Family and Child Therapy, Salt Lake City, UT
 Garret Roundy, Provo Center for Couples & Families, Provo, UT
 Lisa Hansen, Provo Center for Couples and Families, Provo, UT
 *Andrew Brown, Alliance Behavioral Psychology, Orem, UT

Assistance with Job Placement Post-Graduation

2015

Megan Rogers, Utah Valley Counseling, Lehi, UT
 Micah Ingalls, Utah Valley Counseling, Lehi, UT
 Lauren Drean, South Bay Mental Health, Boston, MA
 Andy Thompson, Center for Couples & Families, St. George, UT

2014

Kierea Meloy, Provo Canyon School, Provo, UT
 Rebecca Boyd Hamilton, Center for Change, Orem UT
 Holly Pack, Suncrest Counseling, South Jordan, UT
 Julie Malloy, Utah Valley Counseling, Provo, UT
 Lisa Bishop, Solace Emotional Health, Pleasant Grove, UT
 Amanda Christenson, Utah Valley Counseling, Provo, UT

Clinical Case Assignment

BYU Comprehensive Clinic

Marriage & Family Therapy Graduate Students

2016: 675 cases

2015: 548 cases

2014: 547 cases

Oct 2013-Dec 2013: 87 cases

Program Accreditation Training

COAMFTE Site Visitor Training, October 2014

American Association for Marriage & Family Therapy National Conference
 Milwaukee, WI

Professional Licensure

Marriage and Family Therapist, Utah #7801709-3902, April 2013-Present

AAMFT Approved Supervisor

AAMFT Clinical Member

Clinical Positions

Marriage and Family Therapist, June 2013 – Present

Lauren Barnes Counseling, PLLC, Provo, UT

Marriage and Family Therapist, April 2012 – October 2013

Center for Change, Orem, UT.

Ceremonial Group Facilitator, May 2012- October 2013

Self-Esteem Group Facilitator, May 2012- October 2013

Multifamily Group Facilitator, May 2012- October 2013
CBT/ACT Group Facilitator, January 2013- October 2013

Marriage and Family Therapy Intern, September 2008 – May 2012
 BYU Comprehensive Clinic, Provo, UT.
Parenting Group, Facilitator, March 2009- June 2010

Marriage and Family Therapy Intern, July 2009 – August 2010 BYU
 Women's Services & Resource Center, Provo, UT.
Fed Up With Food Group, Facilitator, October 2009- April 2010

PROFESSIONAL ACTIVITIES AND SERVICE/OUTREACH

Invited Presentations

- Barnes, L.A.** (2016, November) *Marriage & Family Therapy*. In PSYCH 348: Clinical Psychology at Brigham Young University in Provo, UT.
- Barnes, L.A.** (2016, November) *Marriage & Family Therapy*. In PSYCH 300: Applying to Graduate School at Brigham Young University in Provo, UT.
- Barnes, L.A.** (2016, March) *How to Treat Eating Disorders as an MFT*. In MFT 300: Introduction to Marriage & Family Therapy at Utah Valley University in Orem, UT.
- Barnes, L.A.** (2016, March) *Media Myths: Body Image, Eating Disorders and Fashion*. In SFL 282 at Brigham Young University, Provo, UT.
- Barnes, L.A.** (2015, November) *Marriage & Family Therapy*. In PSYCH 348: Clinical Psychology at Brigham Young University in Provo, UT.
- Barnes, L.A.** (2015, November) *Marriage & Family Therapy*. In PSYCH 300: Applying to Graduate School at Brigham Young University in Provo, UT.
- Barnes, L.A.** (2015, October) *What is Marriage & Family Therapy*. In SFL 101: Introduction to the School of Family Life at Brigham Young University in Provo, UT.
- Barnes, L.A.** (2015, October) *How to Treat Eating Disorders as an MFT*. In MFT 300: Introduction to Marriage & Family Therapy at Utah Valley University in Orem, UT.
- Holmes, E.K. & **Barnes, L.A.** (2015, October) *Women in Academia: Balancing the Spiritual and Temporal*. Women in Academia Conference at Brigham Young University in Provo, UT.
- Barnes, L.A.** (2015, October) *What is Marriage & Family Therapy?* In SFL 101: Introduction to the School of Family at Brigham Young University in Provo, UT.
- Barnes, L.A.** (2015, May) *Media Myths: Body Image, Eating Disorders and Fashion*. In SFL 282 at Brigham Young University, Provo, UT.
- Barnes, L.A.** (2015, March) *What is Marriage & Family Therapy?* In MFT 300: Introduction to Marriage & Family Therapy at Utah Valley University in Orem, UT.

Barnes, L.A. (2015, March) *How to Treat Eating Disorders as an MFT*. In MFT 300: Introduction to Marriage & Family Therapy at Utah Valley University in Orem, UT.

Barnes, L.A. (2014, November) *Couples Therapy: What is it? How is it done?* In SFL 325 at Brigham Young University in Provo, UT

Barnes, L.A. (2014, November) *Saving for Retirement*. In SFL 260 at Brigham Young University in Provo, UT.

Barnes, L.A. (2014, November) *Postpartum Depression*. In SFL 403R at Brigham Young University in Provo, UT.

Barnes, L.A. (2014, November) *Panel Discussion: Marriage & Family Therapy*. In PSYCH 300 at Brigham Young University in Provo, UT.

Barnes, L.A. (2014, October) *What is Marriage & Family Therapy?* In SFL 101 at Brigham Young University in Provo, UT.

Barnes, L.A. (2014, May) *Media Myths: Body Image, Eating Disorders and Fashion*. In SFL 282 at Brigham Young University, Provo, UT.

Barnes, L.A. (2014, May) *Body Image & Dating*. For Women's Services & Resource Center Dating Conference at Brigham Young University, Provo, UT.

Barnes, L.A. (2012, August) *Treating Postpartum Depression in an LDS Context*. Presentation at LDS Family Services in Provo, UT.

Barnes, L.A. (2012, May) *Treating Postpartum Depression in an LDS Context*. Presentation at Argosy University in Draper, UT.

Non-Scholarly Works and Public Outreach

BYU Daily Universe Interview (2016, April 15). *Sexual assault a major problem for colleges across nation*. BYU Daily Universe.

BYU Daily Universe Interview (2016, March 8). *Technicalities and under-reporting obscure BYU campus crime reporting*. BYU Daily Universe.

BYU Daily Universe Interview (2016, March 19). *BYU personal finance experts give budgeting tips*. BYU Daily Universe.

BYU Daily Universe Interview (2016, February 10) *"Revelation" to marry can lead to stalking*. BYU Daily Universe.

Barnes, L.A. (2015) *Ask an expert: Eating disorders*. BYU Family Home & Social Science Connections Magazine.

BYU Daily Universe Interview (2015, October 28). *Some female non-RMs feeling disadvantaged*. BYU Daily Universe. Available at universe.byu.edu

BYU Graduate Studies (2015, October 22). *4 lesser-known graduate degrees offered in Provo*. KSL. Available at ksl.com.

Barnes, L.A. (2014) *Postpartum Depression: A Guide to Helping Your Loved Ones*. BYU Women's Services & Resource Center.

Barnes, L.A. (2014) *Postpartum Depression: A Guide to Helping Your Loved Ones*. BYU Women's Services & Resource Center.

Barnes, L.A., Harper, J.M., Bean, R.A., Yorgason, J.B., Padilla-Walker, L., & Feinauer, L. (2013). *Links between High Economic Distress and School Engagement as Mediated through Negative Marital Interaction and Parental Involvement*. Dissertation at Brigham Young University.

Barnes, L.A., Harper, J.M., Bean, R.A., & Larson, J.H. (2010). *The Relationship of Equal Division of Labor and Satisfaction of Division of Labor to Positive Parenting as Mediated by Parents' Relationship Quality*. Thesis at Brigham Young University.

Barnes, L.A., (2010). *A Mother's Influence on Beauty*. Recapturing Beauty Campaign. BYU Women's Services & Resource Center.

Barnes, L.A., (2010). *Postpartum Depression*. BYU Women's Services & Resource Center.

Barnes, L.A., (2010). *Eating Concerns & Disorders*. BYU Women's Services & Resource Center.

Barnes, L.A., (2010). *Pornography*. BYU Women's Services & Resource Center.

Barnes, L.A., (2010). *Birth Control*. BYU Women's Services & Resource Center.

Barnes, L.A., Larsen, C.D (2010). *Depression & Anxiety*. BYU Women's Services & Resource Center.

Poster Presentations

Barnes, L.A., Harper, J.M. (2012, September). *Economic Distress as a Predictor of Child School Engagement*. Poster presented at American Association for Marriage and Family Therapy's Annual Conference in Charlotte, NC.

Barnes, L.A., Harper, J.M. (2012, March). *Economic Distress as a Predictor of Child School Engagement*. Poster presented at Mary Lou Fulton Mentored Student Research Conference in Provo, UT.

Barnes, L.A. & Harper, J.M. (2011, September). *Division of Labor, Parental Relationship Quality and Positive Parenting*. Poster presented at the American Association for Marriage and Family Therapy's Annual Conference in Fort Worth, Texas.

Barnes, L.A. & Harper, J.M. (2009, October). *Division of Labor, Social Aggression, and Marital Process*. Poster presented at the American Association for Marriage and Family Therapy's Annual Conference in Sacramento, California.

Barnes, L.A., Lyons, B., Hughes, A., Ballard, J., & Crane, D.R. (2009, May). *Presenting Problems and Treatment Modalities among Health Care Professionals*. Poster presented at Utah Association of Marriage and Family Therapist Annual Spring Conference in Park City, UT.

Lyons, B., Hughes, A., **Barnes, L.A.,** Ballard, J., & Crane, D.R. (2009, March). *Presenting Problems and Treatment Modalities among Health Care Professionals*. Poster presented at Mary Lou Fulton Mentored Student Research Conference in Provo, UT.

Barnes, L.A., Jensen, A., Stoddard, J., Mauzy, M. Hall, S., & Harper, J.M. (2008, March). *Observational Coding Lab Training Procedures*. Poster presented at Mary Lou Fulton Mentored Student Research Conference in Provo, UT.

Barnes, L.A., Card, D., Clark, N., Day, R.D. (2007, March). *Flourishing Families Methodology Procedures*. Poster presented at Mary Lou Fulton Mentored Student Research Conference in Provo, UT.

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

American Association for Marriage & Family Therapy

Approved Supervisor and Clinical Member

Utah Association for Marriage & Family Therapy

International Family Therapy Association

National Eating Disorder Association

Psi Chi Psychology Honor Society

Phi Kappa Phi Honor Society