

**Ruth S. Aguirre**  
Curriculum Vita  
School of Social Work  
Brigham Young University  
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## **EDUCATION**

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<b>M.S.</b> 2011	<b>Social Work</b> Brigham Young University
<b>B.S.</b> 2009	<b>Social Work</b> Brigham Young University

## **ACADEMIC APPOINTMENTS**

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2023- Present	<b>Assistant Professor &amp; Director of Field Education</b> Integrative Field Seminar 614/615R Field Education 654/655R Brigham Young University School of Social Work
2019-2023	<b>Adjunct Faculty- Field Liaison</b> Integrative Field Seminar 614/615R Brigham Young University School of Social Work
Spring/Summer 2018	<b>Adjunct Faculty- Instructor</b> Introduction to Social Work Brigham Young University
Winter 2016	<b>Adjunct Faculty- Instructor</b> Introduction to Social Work Utah Valley University, Weber/Park City Campus

## **UNIVERSITY CITIZENSHIP**

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*National Association of Social Workers*, Representative, May 2023- Present

School of Social Work, College of Family, Home, and Social Sciences  
Brigham Young University

*School of Social Work Admissions Committee, Member, May 2023- Present*  
School of Social Work, College of Family, Home, and Social Sciences  
Brigham Young University

*CSWE Reaffirmation Committee, Member, May 2023-Present*  
School of Social Work, College of Family, Home, and Social Sciences  
Brigham Young University

*School of Social Work Internship Oversight, Director, May 2023- Present*  
School of Social Work, College of Family, Home, and Social Sciences  
Brigham Young University

*Professional Member of Council of Field Education, May 2023- Present*

## **PROFESSIONAL EMPLOYMENT**

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2021- Present

### **Clinical Social Work Therapist**

*Private Practice- Salem, UT*

Provide individual and marital therapy to teenagers, adults, and marital clients with a variety of mental health challenges; clinical intake assessments and evaluations, and referrals to community resources.

2012- 2018

### **Counselor/Therapist**

*Family Services- Springville/ West Valley, UT*

Administrated clinical mental health assessment and evaluations; provided comprehensive clinical psychotherapy for individuals, couples, families, and groups; performed missionary evaluations and assessments; collaborated with private/public community stakeholders about mental health; co-created the Strengthening Marriage group therapy for 12 couple clients each session; supervised student interns in marital and counseling services; trained and supervised students in how to prepare for supervision; assisted in live trainings for Family Services; educated community

members through fifth Sunday presentations.

2011- 2012

**Clinical Social Work Therapist**

*Utah State Hospital- Provo, UT*

Assisted in providing clinical psychotherapy for the severely mentally ill patients in the forensic unit; individual, family, and group therapy; formed a part of a multidisciplinary treatment team; treatment planning and implementation; collaborated with psychologists/psychiatrists in Spanish translation for Spanish-speaking patients; community case management and discharge planning; served court-ordered patients in the restoration of competency through evidence-based modalities.

2010-2011

**Graduate Social Work Intern**

*Family Services- Salt Lake City, UT*

Biopsychosocial assessments, treatment planning, individual, marital, and family counseling; adoption services, case studies, and attending court proceedings for finalized adoptions, counseling services in Spanish and English.

Summer 2010

**Graduate Social Work Intern**

*Utah State Hospital- Provo, UT*

Biopsychosocial assessment and treatment planning, individual and family counseling, formation of Why Try, competency restoration, DBT, and CBT group therapy.

Jan-August 2009

**Undergraduate Social Work Intern**

*Mountain View High School- Orem, UT*

Community resources for students and families; prepared presentations for Latino Parent Night; case management and gathering resources for parents/students; collaborated in staff meetings to create student-individualized treatment plans.

Jan- April 2007

**Undergraduate Social Work Intern**

*Division of Child and Family Services- Orem, UT*

Child protective service visits and reporting;  
biopsychosocial assessment and treatment planning;  
identified permanency goals, concurrent planning and  
case management; helped coordinate Regional Summit  
for DCFS children aging out of the foster care system.

**PROFESSIONAL CREDENTIALS**

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2015-Present

Licensed Clinical Social Worker  
State of Utah- # 7982543-3501

2015-2018

Alumni President, Social Work Alumni Association  
Brigham Young University, Provo, UT

**PROFESSIONAL PRESENTATIONS**

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*Town Hall Facilitator.* BIPOC Academia Conference. Brigham Young University.  
College of Family, Home, and Social Sciences. October 2023.

*Ethical and Educational Considerations When Working with BIPOC and  
International MSW Students.* Presentation given to MSW supervisors.  
Brigham Young University, May 2023.

*Depression and Anxiety: What is it?* Presentation given to Stonewood 4<sup>th</sup> Ward,  
Orem, UT. March 2023.

*Navigating Mental Health Challenges.* Presentation given to Payson 5<sup>th</sup> Ward  
Spanish speaking. August 2022.

*Strengthening Marriages.* Presentation given to Timpanogos 9<sup>th</sup> Ward Spanish  
speaking, Orem, UT. October 2022.

*Expectations for New Field Instructors.* Presentation training given to all new field

instructor supervisors who work within the Brigham Young University Social Work Master's program. May 2021, 2022.

*Overcoming Depression and Anxiety; There is Hope.* Presentation given to Pleasant Grove 3<sup>rd</sup> Ward. October 2021

*Emotion-focused Marital Relationships. Pornography Addiction. Martial Communication. Self-Esteem and Peer Pressure. Depression and Anxiety.* Presentation given to several LDS wards, youth groups, and ecclesiastical leaders in Utah County areas. 2012-2018.

*Emotion-Focused Therapy: Direct Practice with Individuals, Couples and Families.* Presentation given to students in SW 660 BYU Graduate Course. 2013-2016.

*Becoming One: Spiritually, Emotionally, and Physically.* North Orem Multi-Stake Women's Conference. 2016.